

## 5.10.2013

### Mäkiosuus tulokset

#### Miehet 86km

| # | Nro | Nimi                    | seura                                       | Eka      | Nousu | Toinen   | Nousu |
|---|-----|-------------------------|---|----------|-------|----------|-------|
|   | 1   | 1535 Janne Hietala      | Helsinki Trail Running Club / Lupus Extreme | 00:17:08 |       | 00:18:39 |       |
|   | 2   | 1606 Martins Purins     | VSK Noskrien                                | 00:17:28 |       | 00:18:31 |       |
|   | 3   | 1557 Janne Klasila      | FMR   | 00:17:32 |       | 00:19:23 |       |
|   | 4   | 1602 Pasi Penttinen     | Karsu                                       | 00:17:49 |       | 00:19:38 |       |
|   | 5   | 1524 Mikko Auvinen      |   | 00:17:59 |       |          |       |
|   | 6   | 1593 Antti Niinikoski   | HTRC / Pointsit                             | 00:18:02 |       | 00:20:47 |       |
|   | 7   | 1562 Joonas Kortelainen |   | 00:18:04 |       | 00:18:25 |       |
|   | 8   | 1581 Teemu Lemmettylä   | Pulleat pussut                              | 00:18:09 |       | 00:16:07 |       |
|   | 9   | 1595 Jussi Nokelainen   | Hölkämäyrät                                 | 00:18:22 |       | 00:20:35 |       |
|   | 10  | 1572 Lauri Lahtinen     | Eura  | 00:18:47 |       | 00:20:11 |       |
|   | 11  | 1561 Antti Korkeakangas | Reilut Miehet Havumetsien                   | 00:18:51 |       | 00:23:48 |       |
|   | 12  | 1523 Anssi Auvinen      | Jyväskylä Trail Runners                     | 00:18:56 |       | 00:19:56 |       |
|   | 13  | 1527 Arno Bützow        | Endurance                                   | 00:19:00 |       | 00:18:55 |       |
|   | 14  | 1600 Ilkka Pekkarinen   | Juuan jänne                                 | 00:19:02 |       | 00:20:13 |       |
|   | 15  | 1625 Matiss Vecvagaris  | facebook.com/Nergas                         | 00:19:23 |       | 00:17:56 |       |
|   | 16  | 1627 Ville Vepsäläinen  |   | 00:19:27 |       | 00:18:57 |       |
|   | 17  | 1525 Marco Ballini      | Joroisten sporttiklubi                      | 00:19:28 |       | 00:23:41 |       |
|   | 18  | 1546 Simo Juvaste       | Kalevan Rasti                               | 00:19:30 |       | 00:19:31 |       |
|   | 19  | 1624 Antti Varis        | joensuu                                     | 00:19:30 |       | 00:27:02 |       |
|   | 20  | 1621 Pekka Teivaanmäki  | Team Woodman                                | 00:19:39 |       | 00:20:48 |       |
|   | 21  | 1596 Mika Nurmi         | Sääsken Virta                               | 00:19:42 |       | 00:20:44 |       |
|   | 22  | 1569 Miika Lahtela      | Rauman palomiesurheilijat                   | 00:19:47 |       | 00:20:13 |       |
|   | 23  | 1532 Mikael Heerman     | Peräkylän Ponnistus                         | 00:19:53 |       | 00:21:21 |       |
|   | 24  | 1536 Kalle Hietanen     | Uudenmaan kiropraktikkokeskus               | 00:19:57 |       | 00:21:52 |       |
|   | 25  | 1592 Sami Mäkinen       | OC Toffee                                   | 00:19:57 |       | 00:20:32 |       |
|   | 26  | 1554 Tommi Kaukola      | NUTS  | 00:19:59 |       | 00:20:27 |       |
|   | 27  | 1520 Imants Antuzans    | VSK NOSKRIEN                                | 00:20:01 |       | 00:20:59 |       |
|   | 28  | 1586 Eero Lumme         | NUTS  | 00:20:01 |       | 00:20:27 |       |
|   | 29  | 1541 Asko Hänninen      | OC Toffee                                   | 00:20:02 |       | 00:25:29 |       |
|   | 30  | 1618 Jari Siitonen      | Jyväskylä                                   | 00:20:09 |       | 00:19:59 |       |
|   | 31  | 1563 Antti Korttinen    |   | 00:20:13 |       | 00:20:14 |       |
|   | 32  | 1578 Harri Lehtimäki    | Reilut Miehet Havumetsien                   | 00:20:15 |       | 00:21:20 |       |
|   | 33  | 1552 Harri Kangas       | Karhupuisto Running Club                    | 00:20:17 |       | 00:19:47 |       |
|   | 34  | 1590 Eetu Myrskylä      | KLV   | 00:20:40 |       | 00:22:29 |       |
|   | 35  | 1555 Jarkko Keinänen    |   | 00:20:42 |       | 00:21:19 |       |
|   | 36  | 1603 Tapio Perttunen    | Vesaisen Pojat                              | 00:20:43 |       | 00:21:20 |       |
|   | 37  | 1543 Mika Issakainen    | JoKa  | 00:20:49 |       | 00:26:48 |       |
|   | 38  | 1584 Christer Lindberg  | Sibbo-Vargarna                              | 00:20:53 |       | 00:23:22 |       |
|   | 39  | 1522 Vesa Aurala        |   | 00:21:00 |       | 00:21:01 |       |
|   | 40  | 1544 Antti Itkonen      | TrailRunners ALI                            | 00:21:00 |       | 00:23:50 |       |
|   | 41  | 1539 Vilppu Huomo       |   | 00:21:01 |       | 00:19:38 |       |
|   | 42  | 1549 Jouko Kaarteenaho  | NUTS  | 00:21:14 |       | 00:20:52 |       |
|   | 43  | 1545 Arturs Jermolovs   | VSK Noskrien                                | 00:21:19 |       | 00:21:28 |       |
|   | 44  | 1583 Lukas Lindberg     | Sibbo-Vargarna                              | 00:21:32 |       | 00:25:15 |       |
|   | 45  | 1613 Harri Salovaara    |   | 00:21:35 |       | 00:23:35 |       |
|   | 46  | 1587 Mikko Luusalo      | Endurance                                   | 00:21:41 |       | 00:19:23 |       |
|   | 47  | 1540 Pekka Huttunen     | Pulleat Possut                              | 00:21:43 |       | 00:23:05 |       |
|   | 48  | 1534 Anssi Hemminki     | Saarijärven Pullistus                       | 00:21:58 |       | 00:24:00 |       |
|   | 49  | 1628 Tom Vihonen        | Endurance                                   | 00:22:00 |       | 00:26:46 |       |
|   | 50  | 1530 Jukka Hakuni       | SKSHS                                       | 00:22:09 |       | 00:23:18 |       |
|   | 51  | 1629 Jaakko Wähäsilta   | Helsinki Trail Running Club                 | 00:22:11 |       | 00:21:04 |       |

|    |      |                        |                           |          |          |
|----|------|------------------------|---------------------------|----------|----------|
| 52 | 1577 | Ilkka Lassila          | Resistance                | 00:22:17 | 00:23:09 |
| 53 | 1610 | Hannu Rytkönen         | Helsinki Triathlon        | 00:22:18 | 00:31:27 |
| 54 | 1615 | Mika Sappinen          |                           | 00:22:23 | 00:22:58 |
| 55 | 1591 | Pekka Mäkelä           | Helsinki                  | 00:22:24 | 00:22:36 |
| 56 | 1589 | Lauri Mikkonen         | ONMKY/KKM                 | 00:22:26 | 00:28:07 |
| 57 | 1594 | Hannu Nikkola          | Reilut Miehet Havumetsien | 00:22:27 | 00:24:19 |
| 58 | 1588 | Marko Mattila          |                           | 00:22:33 | 00:23:41 |
| 59 | 1604 | Jyrki Pietilä          | Hukkasuunta               | 00:22:34 | 00:21:08 |
| 60 | 1575 | Visa-Pekka Larivaara   |                           | 00:22:34 | 00:26:45 |
| 61 | 1553 | Ville Kasari           | Firstbeat                 | 00:22:35 | 00:22:39 |
| 62 | 1598 | Antti Näreaho          | Endurance                 | 00:22:44 | 00:22:34 |
| 63 | 1608 | Dzintars Rerihs        | VSK Noskrien              | 00:22:52 | 00:23:14 |
| 64 | 1612 | Juhani Rönberg         | Helsinki Triathlon        | 00:23:03 | 00:23:23 |
| 65 | 1529 | Antti Eronen           | Juuan urheilijat          | 00:23:05 | 00:19:11 |
| 66 | 1533 | Jussi Riku Helander    | MC Mummo                  | 00:23:08 | 00:26:49 |
| 67 | 1607 | Lauri Raivio           | Espoo                     | 00:23:12 | 00:20:17 |
| 68 | 1565 | Jaakko Kotisaari       | Firstbeat                 | 00:23:20 | 00:23:12 |
| 69 | 1585 | Lauri Lumme            | NUTS                      | 00:23:23 | 00:22:11 |
| 70 | 1542 | Markus Ilmonen         | NUTS                      | 00:23:46 | 00:21:17 |
| 71 | 1605 | Peter Pratsch          |                           | 00:23:51 | 00:27:24 |
| 72 | 1519 | Hannu Ahola            |                           | 00:23:54 | 00:28:44 |
| 73 | 1617 | Heikki Savander        |                           | 00:24:14 | 00:29:51 |
| 74 | 1616 | Marko Sarkkinen        |                           | 00:24:17 | 00:26:43 |
| 75 | 1521 | Pasi Aspegren          | Elläimen kinthaat         | 00:24:28 | 00:28:24 |
| 76 | 1579 | Juha Lehtonen          | Sibbo Vargarna            | 00:24:38 | 00:25:09 |
| 77 | 1626 | Petri Welling          | Endurance                 | 00:25:09 | 00:30:00 |
| 78 | 1576 | Petri Lassheikki       | Elläimen kinthaat         | 00:25:15 | 00:28:22 |
| 79 | 1573 | Tommi Lainema          | IhanHukassa               | 00:25:21 | 00:29:27 |
| 80 | 1559 | Tuomas Koponen         | mailEM                    | 00:25:47 | 00:22:47 |
| 81 | 1582 | Olli-Pekka Liinalaakso |                           | 00:25:50 | 00:28:45 |
| 82 | 1599 | Edgars Peics           | Sigulda                   | 00:27:12 | 00:31:40 |
| 83 | 1526 | Aigars Beks            | VSK Noskrien              | 00:27:42 | 00:24:44 |

#### Naiset 86km

| #  | Nro  | Nimi                | seura             | Eka Nousu | Toinen Nousu |
|----|------|---------------------|-------------------|-----------|--------------|
| 1  | 1510 | Maija Oravamäki     |                   | 00:17:17  | 00:21:37     |
| 2  | 1505 | Nina Heiskanen      | Helsinki          | 00:20:36  | 00:23:29     |
| 3  | 1515 | Piia Siitonen       |                   | 00:20:45  | 00:23:01     |
| 4  | 1511 | Riikka Pirskanen    |                   | 00:21:45  | 00:26:25     |
| 5  | 1517 | Johanna Yrjänheikki |                   | 00:22:00  | 00:25:54     |
| 6  | 1508 | Sanna Lassila       | FoxForce          | 00:22:19  | 00:23:25     |
| 7  | 1507 | Ellimaria Huusari   |                   | 00:22:49  | 00:27:32     |
| 8  | 1502 | Alda Brazune        |                   | 00:23:24  | 00:27:25     |
| 9  | 1518 | Marta Zumberg       | VSK Noskrien      | 00:24:04  | 00:21:37     |
| 10 | 1514 | Noora Räsänen       |                   | 00:24:18  | 00:28:25     |
| 11 | 1513 | Anne Rauhamäki      | Ryläyksen ystävät | 00:24:19  | 00:29:26     |
| 12 | 1512 | Marja Rantanen      | Ryläyksen ystävät | 00:24:22  | 00:26:26     |
| 13 | 1501 | Dace Blese          |                   | 00:25:16  | 00:24:40     |
| 14 | 1503 | Lauma Cernevska     | VSK Noskrien      | 00:26:37  | 00:31:46     |

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